

RESULTS :
11500 m

JOGGING
GRIMMINGE
22/07/2022

| rank | bib | gender | name [catg / year] | time | time / km | km/h |
|------|-----|--------|-----------------------------------|-------|-----------|-------|
| 1 | 499 | M 1 | De Ville Frank [m 40/1980] | 40:43 | 03:32 | 16.90 |
| 2 | 404 | M 2 | Van Bellingen Pieter [m 35/1984] | 41:55 | 03:38 | 16.50 |
| 3 | 461 | M 3 | De Corte Bruno [m 45/1974] | 42:22 | 03:41 | 16.30 |
| 4 | 454 | M 4 | De Rouck Zeno [m 35/1985] | 42:25 | 03:41 | 16.30 |
| 5 | 492 | M 5 | Heymans Tim [m 40/1981] | 44:28 | 03:52 | 15.50 |
| 6 | 462 | M 6 | Cosijns Koen [m 45/1977] | 44:37 | 03:52 | 15.50 |
| 7 | 428 | M 7 | Geeroms Jordy [sen/2003] | 44:52 | 03:54 | 15.40 |
| 8 | 473 | M 8 | De Coene Louis [jun/2005] | 45:54 | 03:59 | 15.00 |
| 9 | 472 | M 9 | De Coene Peter [m 45/1975] | 45:57 | 03:59 | 15.00 |
| 10 | 493 | M 10 | Vandecasteele Daan [sen/1991] | 46:22 | 04:01 | 14.90 |
| 11 | 483 | M 11 | Simoens Thierry [m 45/1975] | 46:39 | 04:03 | 14.80 |
| 12 | 491 | M 12 | Opsomer Simon [sen/1988] | 47:28 | 04:07 | 14.50 |
| 13 | 438 | M 13 | Gerard Kristof [sen/1988] | 47:53 | 04:09 | 14.40 |
| 14 | 420 | M 14 | De Backer Robby [m 35/1983] | 48:00 | 04:10 | 14.40 |
| 15 | 484 | M 15 | Delmaire Frederik [m 40/1981] | 48:13 | 04:11 | 14.30 |
| 16 | 403 | M 16 | Leroy Maylo [cad/2008] | 48:13 | 04:11 | 14.30 |
| 17 | 475 | M 17 | Vandewattijne Marnix [m 50/1967] | 48:43 | 04:14 | 14.20 |
| 18 | 429 | M 18 | Staelens Frank [nvt/] | 49:06 | 04:16 | 14.10 |
| 19 | 498 | M 19 | Weytens Sven [m 35/1986] | 49:22 | 04:17 | 14.00 |
| 20 | 481 | M 20 | Moens Joris [m 40/1979] | 49:28 | 04:18 | 13.90 |
| 21 | 527 | M 21 | De Lil Niko [m 45/1977] | 50:50 | 04:25 | 13.60 |
| 22 | 433 | M 22 | Van Rysselberghe Eric [m 60/1959] | 51:45 | 04:30 | 13.30 |
| 23 | 488 | M 23 | Splingaer Jonas [m 40/1982] | 53:08 | 04:37 | 13.00 |
| 24 | 495 | M 24 | Rubens Dimitri [m 45/1973] | 53:09 | 04:37 | 13.00 |
| 25 | 490 | M 25 | Faveriau Pedro [m 50/1969] | 53:11 | 04:37 | 13.00 |
| 26 | 464 | M 26 | De Troch Pascal [m 55/1966] | 53:34 | 04:39 | 12.90 |
| 27 | 529 | M 27 | Fonteyn Jan [m 50/1967] | 54:28 | 04:44 | 12.70 |
| 28 | 482 | M 28 | Van Nieuwenhuize Wim [m 50/1971] | 55:10 | 04:47 | 12.50 |
| 29 | 526 | W 1 | Van Lierde Liesbeth [w 45/1973] | 55:49 | 04:51 | 12.40 |
| 30 | 443 | W 2 | De Vlaminck Carolien [sen/1992] | 57:01 | 04:57 | 12.10 |
| 31 | 409 | W 3 | De Schuyteneer Els [w 40/1980] | 57:19 | 04:59 | 12.00 |
| 32 | 470 | M 29 | Cooreman Koen [m 35/1985] | 57:21 | 04:59 | 12.00 |
| 33 | 523 | M 30 | Snoeck Jerre [m 35/1987] | 57:57 | 05:02 | 11.90 |
| 34 | 477 | M 31 | Van Belle Joris [m 50/1969] | 58:22 | 05:04 | 11.80 |
| 35 | 447 | M 32 | Vijverman Jan [m 55/1964] | 58:37 | 05:05 | 11.80 |
| 36 | 445 | M 33 | De Beuckelaere Wim [m 55/1963] | 59:04 | 05:08 | 11.70 |
| 37 | 416 | M 34 | Van Den Brulle Roland [m 70/1949] | 59:51 | 05:12 | 11.50 |
| 38 | 506 | M 35 | De Cock Peter [m 55/1964] | 60:20 | 05:14 | 11.40 |
| 39 | 407 | W 4 | Vekeman Bernadette [w 65/1953] | 61:33 | 05:21 | 11.20 |

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|----|-----|------|-------------------------------------|-------|-------|-------|
| 40 | 502 | W 5 | Van Keymeulen Soetkin [w 45/1972] | 62:05 | 05:23 | 11.10 |
| 41 | 500 | M 36 | De Veylder Jan [m 60/1961] | 62:07 | 05:24 | 11.10 |
| 42 | 474 | W 6 | Soetemans Stephanie [w 45/1976] | 62:23 | 05:25 | 11.10 |
| 43 | 510 | M 37 | Andries Wout [sch/2006] | 62:36 | 05:26 | 11.00 |
| 44 | 521 | M 38 | Van Den Berghe Bart [m 45/1972] | 64:09 | 05:34 | 10.80 |
| 45 | 522 | M 39 | Pletinckx Roland [m 55/1963] | 64:12 | 05:34 | 10.70 |
| 46 | 520 | M 40 | Mathieu Ronny [m 45/1977] | 64:45 | 05:37 | 10.70 |
| 47 | 532 | W 7 | Van De Perre Sofie [w 45/1974] | 64:51 | 05:38 | 10.60 |
| 48 | 413 | W 8 | Scheirlinckx Annelies [w 40/1978] | 66:03 | 05:44 | 10.40 |
| 49 | 468 | W 9 | De Cooman Iris [w 40/1979] | 66:04 | 05:44 | 10.40 |
| 50 | 400 | M 41 | Ceuppens Patrick [m 65/1956] | 67:01 | 05:49 | 10.30 |
| 51 | 509 | M 42 | Andries Kristof [m 40/1980] | 68:27 | 05:57 | 10.10 |
| 52 | 517 | M 43 | Mathieu Arne [sch/2006] | 68:29 | 05:57 | 10.10 |
| 53 | 471 | M 44 | Castagna Mario [m 75/1947] | 68:30 | 05:57 | 10.10 |
| 54 | 439 | M 45 | De Vlaminck Marc [m 60/1959] | 69:06 | 06:00 | 10.00 |
| 55 | 489 | W 10 | Decroly Mireille [w 50/1970] | 69:12 | 06:01 | 10.00 |
| 56 | 507 | M 46 | Paeleman Davy [m 35/1986] | 69:44 | 06:03 | 9.90 |
| 57 | 406 | M 47 | Bogaert Kris [m 40/1980] | 69:46 | 06:04 | 9.90 |
| 58 | 434 | W 11 | Mertens Inge [w 40/1981] | 70:05 | 06:05 | 9.80 |
| 59 | 410 | M 48 | Van Der Schueren Thomas [m 35/1983] | 70:07 | 06:05 | 9.80 |
| 60 | 437 | W 12 | De Boeve Carline [w 60/1960] | 73:05 | 06:21 | 9.40 |
| 61 | 494 | M 49 | Walravens Rik [m 55/1967] | 74:15 | 06:27 | 9.30 |
| 62 | 487 | W 13 | Devriese Sara [w 40/1982] | 74:46 | 06:30 | 9.20 |
| 63 | 486 | W 14 | Machtelinckx Manuela [w 40/1980] | 74:47 | 06:30 | 9.20 |
| 64 | 525 | W 15 | Van Mello Lore [sen/2000] | 85:57 | 07:28 | 8.00 |
| 65 | 524 | W 16 | Diericx Sara [sen/2000] | 85:58 | 07:28 | 8.00 |