

## RESULTS :

400 m

JOGGING  
GRIMMINGE  
22/07/2022

rank	bib	gender	name [ catg / year ]	time	time / km	km/h
1	50	W 1	Leroy Sterre [nvt/2015]	01:29	03:42	16.20
2	52	M 1	Van Wilderode Finn [nvt/2016]	01:32	03:50	15.70
3	68	M 2	De Malsche Lewis [nvt/2015]	01:45	04:22	13.70
4	56	W 2	Lievens Lore [nvt/]	01:46	04:25	13.60
5	65	M 3	Van Bellingen Ferre [nvt/2015]	01:48	04:30	13.30
6	61	M 4	Heremans Mats [nvt/2016]	01:49	04:32	13.20
7	66	W 3	Jonckheer Helena [nvt/2015]	01:52	04:40	12.90
8	64	W 4	Bellemans Feline [nvt/2016]	01:52	04:40	12.90
9	69	M 5	Leirens Tibo [nvt/2016]	01:58	04:55	12.20
10	53	W 5	De Bruyn Isalie [nvt/2016]	01:59	04:57	12.10
11	54	W 6	Haelterman Joni [nvt/2014]	02:02	05:05	11.80
12	63	W 7	Langhendres Nell [nvt/2016]	02:05	05:12	11.50
13	58	W 8	Lievens Esmee [nvt/2018]	02:33	06:22	9.40
14	55	W 9	Scheerlinck Susey [nvt/2018]	02:39	06:37	9.10
15	71	M 6	Bruier Desmeth Lennert [nvt/2018]	02:59	07:27	8.00
16	67	W 10	Wijns-jonckheer Romy [nvt/2019]	03:11	07:57	7.50
17	70	M 7	Frasceus Liam [nvt/2019]	04:13	10:32	5.70
18	60	M 8	Lievens Noe [nvt/2020]	04:26	11:05	5.40